



Leg Press / Calf Press

SD-1-LP

- Optional Bilateral Stability Control for balanced strength development
- Dynamic variable resistance
- Large foot support increases exercise variety range

Muscles:
 - Abdominals
 - Erector Spinae

Length(mm):	1562
Width(mm):	1163
Height (mm):	1458
Machine Weight (kg):	480

Weight Stack	
Standard (kg):	195

