

SYNERGY

FITNESS

The Airforce Rower delivers a super effective, low impact, total body cardio workout.



SPECIFICATIONS & PERFORMANCE

CODE	SX-R6
DIMENSIONS	2420 L x 620 W x 1010 H (mm)
CONSOLE	LCD (Quickstart, Distance, Time, Calories, Watts, Stroke Rate, Strokes, Intervals)
PORTABILITY	Transport Wheels and Disassembles in Two
MAX USER WEIGHT	136 kg / 300 lb
RESISTANCE	Air Turbine
HANDLE	Ergonomic Non-Slip
RAIL TYPE	Aluminium Embedded